

**Full Report (All Nutrients) 45051385, CHICKEN EGG ROLLS, WHITE MEAT CHICKEN, CABBAGE AND CARROTS IN A CRISPY EGG ROLL WRAPPER WITH A SWEET AND SOUR SAUCE, UPC: 041497034543**

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**Report Date: May 22, 2017 07:21 EDT**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer WEIS MARKETS, INC.

| Nutrient                       | Unit | Data points | Std. Error | 85.0 g<br>85g | 1<br>Value<br>Per100 g |
|--------------------------------|------|-------------|------------|---------------|------------------------|
| <b>Proximates</b>              |      |             |            |               |                        |
| Energy                         | kcal | --          | --         | 140           | 165                    |
| Protein                        | g    | --          | --         | 6.00          | 7.06                   |
| Total lipid (fat)              | g    | --          | --         | 2.50          | 2.94                   |
| Carbohydrate, by difference    | g    | --          | --         | 24.00         | 28.24                  |
| Fiber, total dietary           | g    | --          | --         | 2.0           | 2.4                    |
| Sugars, total                  | g    | --          | --         | 3.00          | 3.53                   |
| <b>Minerals</b>                |      |             |            |               |                        |
| Calcium, Ca                    | mg   | --          | --         | 0             | 0                      |
| Iron, Fe                       | mg   | --          | --         | 0.36          | 0.42                   |
| Sodium, Na                     | mg   | --          | --         | 480           | 565                    |
| <b>Vitamins</b>                |      |             |            |               |                        |
| Vitamin C, total ascorbic acid | mg   | --          | --         | 0.0           | 0.0                    |
| Vitamin A, IU                  | IU   | --          | --         | 300           | 353                    |
| <b>Lipids</b>                  |      |             |            |               |                        |
| Fatty acids, total saturated   | g    | --          | --         | 0.501         | 0.590                  |
| Fatty acids, total trans       | g    | --          | --         | 0.000         | 0.000                  |
| Cholesterol                    | mg   | --          | --         | 5             | 6                      |

**Amino Acids**

**Other**

**Ingredients**

FILLING: CABBAGE, COOKED CHICKEN BREAST (COOKED WHITE MET CHICKEN WITH RIB MEAT, WATER, CONTAINS LESS THAN 2% OF RICE STARCH, SEA SALT, EVAPORATED CANE SYRUP, SODIUM CARBONATE, SALT, XANTHAN GUM, NATURAL FLAVORING) CARROT, SUGAR, SOY PROTEIN CONCENTRATE, CORN STARCH, LESS THAN 2% OF THE FOLLOWING: CHICKEN FLAVOR (NATURAL FLAVOR SALT, YEAST EXTRACT, SUNBFLOWER OIL0, SALT, YEAST EXTRACT, POTASSIUM CHLORIDE, ONION POWDER, SPICE, GARLIC POWDER, FLAVOR ENHANCER (GUM

ARABIC, NATURAL FLAVOR, SALT), WRAPPER: WHEAT FLOUR, WATER, PALM OIL, SALT, SOY LECTHIN, FRIED IN VEGETABLE OIL (SOYBEAN, CORN AND/OR SUNFLOWER OIL). SAUCE: WATER, SUGAR, WINE VINEGAR, SALT, GARLIC), GINGER, GARLIC, XANTHAN GUM, NATURAL EXTRACTIVE OF PAPRIKA, NATURAL FLAVORS. *Date Last Updated by Company: 07/30/2014*